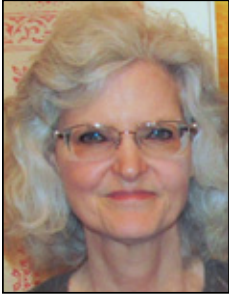




WESTERN PENNSYLVANIA MUSHROOM CLUB NEWSLETTER

VOLUME 19, ISSUE 2

MAY / JUNE 2019



President's Message

CECILY FRANKLIN

WPMC HAS BEEN shattering records! Our membership level reached an all-time high in 2018, we had record attendance at our first monthly meeting in March, and we saw a massive turnout for our mushroom walk at Hartwood Acres. The April walk with Allegheny Land Trust on Sycamore Island quickly sold out,

and Mushroom Education Day is already full. Imagine what it will be like when the mushrooms actually start to come out!

Our schedule for the year currently includes 30 walks and other events in eight different counties. Many of these involve other organizations, such as Allegheny Land Trust, Friends of Murrysville Parks, Pittsburgh Parks Conservancy, Pennsylvania Department of Conservation and Natural Resources, Indiana County Friends

of the Parks, Woodland Owners of Clarion-Allegheny Valley, and the Westmoreland Bird & Nature Club.

This year, WPMC members will have the opportunity to attend a Northeast Mycological Federation (NEMF) annual foray that's only a three-hour drive from Pittsburgh. Registration is now open for the event, which will be held at Lock Haven University from August 1-4. Attendees can choose from two-night or three-night reservations. The full schedule isn't final yet, but it will include lots of mushroom walks, speakers, workshops, and mushroom identification.

Registration is also open for our annual Gary Lincoff Foray at North Park on Saturday, September 21. Our day will include guided morning walks, afternoon speakers, cooking demonstration, book signing and sales, auction/raffle, and our annual mushroom feast—a full day of “Fungi, Fun and Friends”!

On a sad note, we were broken-hearted to lose our Past-President and Lifetime Member, Dick Dougall in April. I'm sure that many of our members can name at least one mushroom species that they learned from Dick. In my case, it was Ceramic Parchment. All of us who ever received an ID Button from Dick are now part of his legacy.

IN MEMORIAM: DICK DOUGALL



Photo by Kristine Murawski

WPMC IS SAD to announce the passing of one of our Lifetime members, **Dick Dougall**. Dick is the only person to ever serve as our President five times! After first being President from 2002-04, Dick assumed the position again twice, both in 2007 and 2011.

Dick was born in Schenectady in 1937 and came to Pittsburgh in 1963. He joined the Mechanical Engineering faculty at Pitt, and met and married Mary Ellen, also a WPMC Lifetime member. After 37 years at Pitt, Dick retired and joined WPMC, along with Mary Ellen, in its very first year.

During his membership, Dick led mushroom walks, taught classes, wrote articles for the newsletter, organized the annual Lincoff Foray, managed the ID Button Program, and kept records of all the species found at the Lincoff Forays. Dick won many awards, both inside and outside of WPMC, including the North American Mycological Association's Knighton Service Award in 2006, WPMC's President's Award in 2008, and the WPMC Outstanding Service Award in 2016.

Our condolences go to Mary Ellen, their four children and six grandchildren. To honor Dick's memory, WPMC has made a donation to the Audubon Society of Western Pennsylvania.

2019 Meeting Schedule

ALL MONTHLY MEETINGS are free and include a Mushroom Display Table, staffed by expert Identifiers. Meetings are held at 7:00 p.m. on the third Tuesday of each month from March through November at:

Beechwood Farms (Audubon Society of Western PA)
614 Dorseyville Road, Pittsburgh, PA 15238

May 21 Annual Cultivation Meeting
Rebecca Miller & Friends

See page 2 for details.

June 18 DNA Update
Past-President Richard Jacob, Ph.D.

July 16 Toxicology Report
Past-President John Stuart

August 20 Chickens & Hens
Mike Lloyd, WPMC Legal Counsel

September 17 Lichens by Bryan Dolney
Pittsburgh Parks Conservancy

October 15 Photo Contest Winners
& Election of Officers

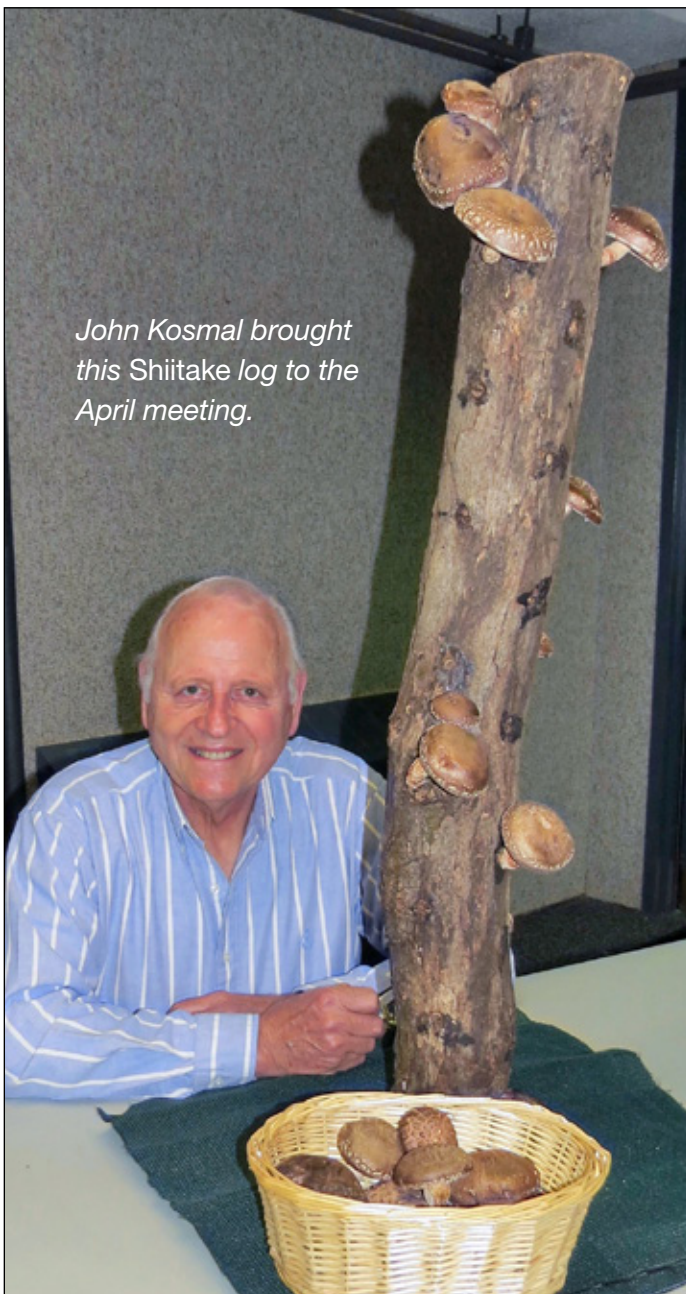
November 19 Pot Luck Dinner & Member Photos

May 21 Annual Cultivation Meeting

THIS YEAR WE WILL again have kits for growing *Pleurotus* (oyster) mushrooms, and we'll be inoculating *Shiitake* logs. You must be a WPMC member to receive a free kit, so bring your membership card and a clean plastic shopping bag.

Bring a log to inoculate with *Shiitake* spawn. Suitable logs **MUST** have been cut within the past 3 months. Older logs will already be colonized with wild fungi and will **NOT** produce *Shiitake* mushrooms. Oak makes the best logs, but maple will also do. Cut small logs about 3 feet long with a diameter of 5-8 inches.

Log drilling will begin by 6:00 p.m. We'll take a break at 7:00 p.m. to go inside for general announcements and cultivation instructions. In the event of heavy rain, thunder or lightning, the log drilling will be rescheduled.



John Kosmal brought this Shiitake log to the April meeting.

Photo by Greg Levish

WPMC Members Receive ID Buttons



At the March WPMC meeting, WPMC President Cecily Franklin (left) was awarded a "150" ID Button by WPMC Treasurer Barbara DeRiso. Photo by Kristine Murawski



At the April WPMC meeting, WPMC Officer and Identifier Adam Haritan (left) awarded a "50" ID Button to Stephen Bucklin. Photo by John Plischke

To learn more about the ID Button program and how to submit your list of known mushrooms:

→ [CLICK HERE](#)

THE 19TH ANNUAL GARY LINCOFF FORAY

Registration is Now Open for the Gary Lincoff Foray!

MARK YOUR CALENDARS: The 19th Annual Gary Lincoff Foray will be held on Saturday, September 21st at the Rose Barn in Allegheny County's North Park. The day will include guided walks, guest speakers, mushroom identification tables, cooking demo, sales table, vendors, speakers' Meet & Greet, auction, and the legendary Mushroom Feast. All included in the price of admission!

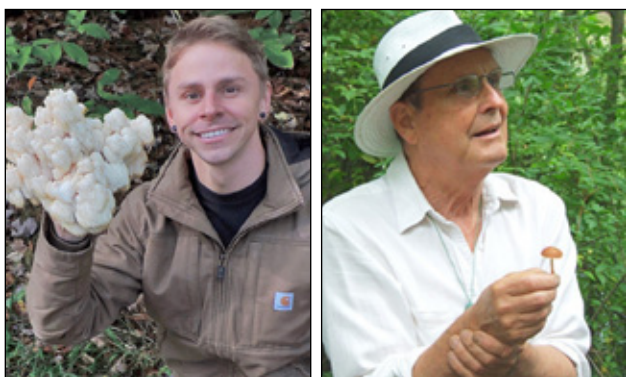
As in previous years, WPMC will also hold a free Pre-Foray walk at Cook Forest on Friday, September 20, led by WPMC Mycologist **Garrett Taylor**.

It's not too early to gather up mushroom-related items you'd like to donate for the auction and/or to volunteer to make a dish for the Mushroom Feast. Please note: All foraged mushrooms used in cooking for the Feast must be certified by a club mycologist ahead of time.

Registration is now open. To register online:

→ [CLICK HERE](#)

Or use the form on page 11 of this Newsletter.



This Year's Guest Speakers

WPMC has lined up two great speakers for this year's Lincoff Foray on Saturday, September 21.

Adam Haritan (above left) is the founder of *Learn Your Land*, a community and online database of Pennsylvania's naturalists and nature-related events. Adam leads various classes and workshops related to plant and mushroom identification, wild food harvesting, nutritional and medicinal components of wild foods, the benefits of nature connection, and more. He is an official WPMC Identifier and has served on WPMC's Board since 2016. Adam has also published a *Fun Guide to Fungi*, and his YouTube channel features over 100 instructional nature videos.

Bill Russell (above right) is the author of *Field Guide to Wild Mushrooms of Pennsylvania and the Mid-Atlantic*, which he revised and expanded in 2017. Bill has been giving mushroom workshops, walks, and talks since 1960. A longtime resident of State College, Pennsylvania, Bill is founder and past president of the Central Pennsylvania Mushroom Club. Bill's topic will be "Hidden Treasures: Delectable but Obscure Edible Wild Mushrooms."



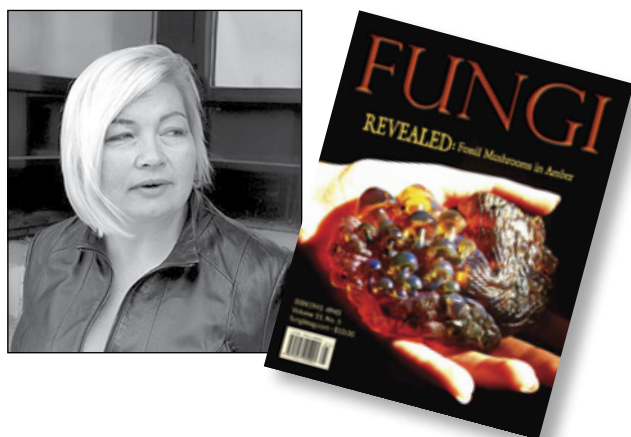
Taylor Lockwood has donated this First Day of Issue stamp with his photo of bioluminescent mushrooms and Britt Bunyard, publisher of FUNGI Magazine, is donating a one-year subscription to this year's Lincoff Foray.

Donations are Coming in for Lincoff Foray Auction / Raffle

ARE YOU IN THE process of spring cleaning, downsizing, decluttering, or otherwise trying to organize your life? If so, now is the perfect opportunity for you to donate those excess or unwanted mushroom items to WPMC's annual auction/raffle. If they no longer "spark joy," just give them to **Cecily Franklin** or **Judy Mackenroth** at any monthly meeting or email cs4wpmc@gmail.com to make other arrangements. All proceeds benefit WPMC.

FUNGI Magazine Publishes Short Story by WPMC Member

KATE PAVELLE, WPMC's Hospitality Chair, recently had her short story "The Mushroom Expert" published in *FUNGI Magazine's* mid-winter edition. It describes the adventures (and mis-adventures) of foraging for morels. Kate's books can be found on Amazon and other stores as either Kate Pavelle or Olivette Devaux.



New Policy: Serving Wild Mushrooms at WPMC Events

AFTER CONSULTING WITH OTHER Pennsylvania mushroom clubs and WPMC's Legal Counsel, the WPMC Board has approved a new policy for serving wild mushrooms at monthly meetings and other WPMC events. The new policy is summarized below and is included in WPMC's Bylaws.

- **WPMC Identifiers & Mycologists:** May bring wild mushrooms to serve, as long as they are not raw, and a list of all ingredients is provided.
- **Other WPMC Members:** May bring mushrooms to serve, but they must be approved by an Identifier or Mycologist prior to cooking, following the instructions.
- **Non-WPMC Members:** Must sign a waiver before tasting any wild mushrooms served at WPMC meetings or other events.

To read the full policy, see Standing Rules in the WPMC Bylaws: → [CLICK HERE](#)



Extra Donations Help Fund WPMC Projects

LOOKING FOR A WAY to support WPMC beyond paying your annual dues? Make a donation anytime; it's tax-deductible (if you itemize deductions) because WPMC is a 501(c)(3) non-profit organization. Donations may be made in honor or in memory of a loved one. Your employer may even match your contribution. Make checks payable to Western Pa. Mushroom Club and submit them to our Treasurer, Barbara DeRiso.



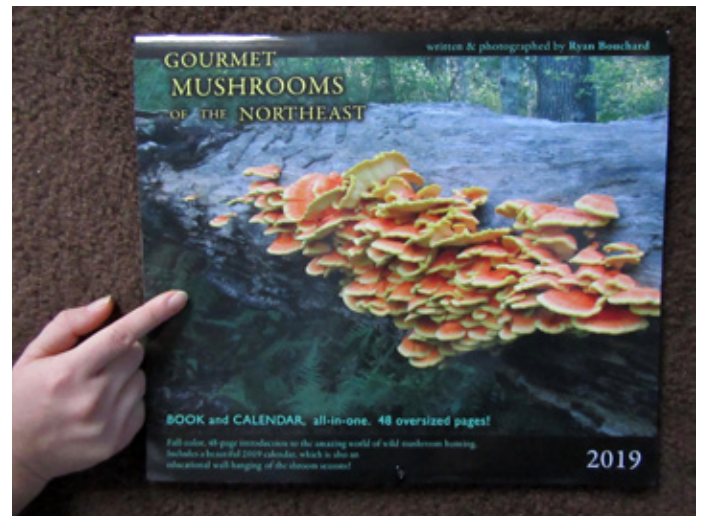
All-in-One Mushroom Calendar and Book

THE MUSHROOM HUNTING FOUNDATION has created a unique new "educalendar" to provide the perfect introduction to mushroom hunting. *Gourmet Mushrooms of the Northeast* is a beautiful, oversized wall calendar for 2019, plus a mushroom hunting book, all in one. With over 240 photographs, you will learn how to safely find, identify, cook, and enjoy our region's edible wild mushrooms. Decorate your walls or give them as gifts. The price of \$23.99 includes shipping.

To order: → [CLICK HERE](#)

"I have been enjoying this excellent mushroom calendar. I have it hanging over my desk and use it to mark all the mushroom events that I want to attend. The photos are outstanding."

—WPMC Mycologist John Plischke III



WPMC Membership Report

Jim Wasik – Membership Chair

THANK YOU TO THE 675 new and renewing members. We are on our way to become one of the largest Mushroom Clubs.

For those members who have not renewed by May 15, 2019, this will be your last WPMC Newsletter as your membership will lapse. Please renew now. Some of the benefits of WPMC Membership include receiving the Newsletter by e-mail or USPS mail, notices of Meetings and Mushroom Walks, Mushroom Kit at the May Cultivation Meeting and discount at the WPMC Foray.

The small cost of membership (\$15 – Individual, \$25 – entire Household, \$10 – Student) is less than the cost of a commercial Mushroom Kit. These typically cost over \$25 each.

Please join or renew now: → [CLICK HERE](#)

NEW STUDIES: MUSHROOMS & HEALTH

NEED MORE PROOF THAT mushrooms are both food and medicine? Then read about two recent articles on the effects of ergothioneine (Ergo), a powerful antioxidant. According to one article, mushrooms are by far the best human dietary source of Ergo.

“Eating mushrooms may reduce the risk of cognitive decline”

Journal of Alzheimer’s Disease, March 12, 2019

IN A SIX-YEAR STUDY of Chinese seniors living in Singapore, researchers found that those who ate more than 300 grams of cooked mushrooms a week were half as likely to have mild cognitive impairment (MCI). It was shown that even one small portion of mushrooms a week may still be beneficial to reduce chances of MCI.

Six commonly consumed mushrooms in Singapore were referenced in the study: golden, oyster, *shiitake*, white button mushrooms, dried, and canned mushrooms. However, it is likely that other mushrooms not referenced would also have beneficial effects. “We’re very interested in a compound called ergothioneine,” said Dr. Irwin Cheah, Senior Research Fellow at the National University of Singapore. Ergo is “a unique antioxidant and anti-inflammatory which humans are unable to synthesize on their own. But it can be obtained from dietary sources, one of the main ones being mushrooms.”

To read more about the study: → [CLICK HERE](#)

“Micronutrients and Bioactive Compounds in Mushrooms: A Recipe for Healthy Aging?”

Nutrition Today, January/February 2019

THE SINGAPORE STUDY described above is one of a few dozen studies on the benefits of Ergo summarized in this recent article from *Nutrition Today*. One of the authors is Dr. Robert Beelman, professor emeritus at Penn State University. According to the article, mushrooms are low in fat, calories, and sodium; they do not contain cholesterol, sugars, or gluten; and they are a valuable source of protein, fiber, B vitamins, phenolic compounds, potassium, and beta-glucans.

Oyster mushrooms were shown to contain about ten times more Ergo than chicken livers and black beans and thirty times more than oat bran, which are the best dietary sources other than mushrooms. Another study shows a positive association between Ergo consumption and life expectancy in various countries. The lowest estimated daily Ergo consumption (and life expectancy) were in the U.S.; Italy had the highest, presumably because of the consumption of Ergo-rich Porcini mushrooms.

To read more about the benefits of Ergo: → [CLICK HERE](#)

WPMC in the News

TRIB LIVE RECENTLY published two articles that include interviews with WPMC members. For his article called “Tips for making the most of morel mushroom season,” published on April 19, Outdoors Editor Bob Frye interviewed WPMC Identifier **Bob Sleigh**. Readers can learn some of Bob’s morel-hunting secrets in this article: → [CLICK HERE](#)

IN FEBRUARY, REPORTER Tawnya Panizzi wrote about WPMC in her article “Mushroom Club welcomes new members at Beechwood Farms kickoff.” Tawnya quotes WPMC President **Cecily Franklin** in this article about the March WPMC meeting and mushroom walk at Hartwood Acres: → [CLICK HERE](#)



WPMC Scholarships & Grants

WPMC ADMINISTERS an annual Scholarship/Grant program to promote wild mushrooming by providing monetary support for educational events, projects, research, or mycological studies by individuals or institutions. WPMC’s Scholarship/Grant application forms are available on our website and must be sponsored by a WPMC member. For more information, contact John Stuart at jons2art@comcast.net or 724-443-6878.

WPMC in the Community

TWO WPMC MEMBERS gave presentations to garden clubs in March. As a result, both groups made generous donations to WPMC:

- On March 11, WPMC Membership Chair **Jim Wasik** gave a presentation on Morels to the Somerset Garden Club.
- On March 21, WPMC President **Cecily Franklin** gave a presentation called “What’s Hiding Under All Those Weeds?” to the Piccadilly Herb Club.

Attention All Undergraduate College Students!

IF YOU'RE AN UNDERGRADUATE college student with an interest in fungi and the ocean, you could earn three college credits by spending three weeks in Chincoteague, Virginia this summer. From June 30 through July 19, Biology Professor Christopher Smyth of Lock Haven University will be teaching "Coastal and Marine Mycology" on Virginia's eastern shore. For more information: → [CLICK HERE](#)

Are you fascinated by fungi? Do you love the ocean?


Come spend three weeks in Chincoteague, VA studying everything from fungus-farming snails and marine sponge symbionts to the mushrooms in maritime forests!

BIOL359: COASTAL AND MARINE MYCOLOGY
June 30th - July 19th, 2019
3 credits

Register: cbfieldstation.org/2019-mycology.html
Course Fees: cbfieldstation.org/fees.html

Questions? Email cws1241@lockhaven.edu

Chincoteague Bay Field Station



LEARN ABOUT MUSHROOMS DURING FOUR DAYS OF:

- LECTURES
- WORKSHOPS
- FORAYS
- MUSHROOM IDENTIFICATION

NEMF 2019
SAMUEL RISTICH FORAY

AUGUST 1 - 4, 2019

LOCK HAVEN UNIVERSITY
Lock Haven, PA

For more information, visit www.nemf.org or email nemfchair@gmail.com





WPMC Newsletter


THE NEWSLETTER OF THE Western Pennsylvania Mushroom Club is published five times a year: March/April, May/June, July/August, September/October, and November/December. Articles, photos, news items and other submissions should be sent to the Editor at least 6-8 weeks prior to targeted distribution. The Editor cannot guarantee that submissions will be included in the next newsletter. The Editor reserves the right to make spelling or grammatical corrections and may suggest content changes to the author. Material published in our newsletters may only be used in other non-profit publications with expressed permission and with appropriate acknowledgements.

NEWSLETTER PRODUCTION:

Cecily Franklin, Editor • Martha Wasik Graphic Arts Inc.
Send submissions to: cs4wpmc@gmail.com

Field Data Slips

WPMC RECENTLY RECEIVED a new supply of Field Data Slips from the North American Mycoflora Project (NAMP). The new ID slips are very similar to WPMC's previous version, with one major difference: The ID number now appears three times, so that it can stay with the specimen as it goes through various processes in preparation for further analysis. The new ID slips will be stored at Beechwood Farms for WPMC's Identifiers and Mycologists to use on their mushroom walks.

FIELD DATA SLIP		Species	Comments/Microscopic Data on back []
 NORTH AMERICAN MYCOFLORA PROJECT #00001		Field Photos: <input type="checkbox"/> Yes <input type="checkbox"/> No	Nearby Trees <input type="checkbox"/> Hardwood <input type="checkbox"/> Conifer <input type="checkbox"/> Other/Species: _____
Date: _____ State: _____ County: _____ Foray ID: _____ Site Name: _____ MO/Nat/MM #: _____		Substrate: Wood <input type="checkbox"/> Dead <input type="checkbox"/> Living <input type="checkbox"/> Conifer <input type="checkbox"/> Hardwood <input type="checkbox"/> Soil <input type="checkbox"/> Leaf Litter <input type="checkbox"/> Moss <input type="checkbox"/> Needle Duff <input type="checkbox"/> Grass <input type="checkbox"/> Dung <input type="checkbox"/> _____	Habit <input type="checkbox"/> Single <input type="checkbox"/> Few <input type="checkbox"/> Many
Collected By: _____ ID Verified By: _____		Odor _____	
#00001 <small>Shoulder Label for Erjing</small>		#00001 <small>Tissue Label</small>	



Ask Not What Your Mushroom Club Can Do for You

ASK WHAT YOU CAN do for your mushroom club! WPMC is an all-volunteer organization, so we count on our members to do everything, from leading walks and teaching classes to selling books or updating the website. We need it all! Check out this list of volunteer opportunities to see if there's a match between your interests and our needs. If so, please notify any WPMC Board member or email cs4wpmc@gmail.com.

INTEREST/TALENT:	YOU MIGHT ENJOY:	CONTACT:
Computers Spreadsheets & Databases	Helping to keep our website up-to-date. Posting walk info (species list & photos) to the website. Emailing newsletters & announcements to members. Maintaining membership databases	Richard Jacob Richard Jacob Jim Wasik Jim Wasik
Cooking	Bringing refreshments to a monthly meeting. Preparing a dish for the annual Lincoff Foray. Submitting a recipe for the WPMC website.	Kate Pavelle Barbara DeRiso Richard Jacob
Cultivation	Helping with the annual cultivation meeting in May.	Rebecca Miller
Electronics	Assisting with Audio-Visual requirements at meetings.	Cecily Franklin
Photography	Expanding & Organizing our on-line mushroom catalog.	Richard Jacob
Promotion	Representing WPMC at outside events.	Valerie Baker
Science	Assisting with DNA analysis. Performing microscopic or chemical analysis.	Richard Jacob La Monte Yarroll
Teaching	Teaching or helping to organize a mushroom class.	Fluff Berger
Nature Walks	Leading a walk at your favorite park.	La Monte Yarroll
Writing	Submitting an article or book review for the newsletter.	Cecily Franklin



Photo montage by Josh Doty

Photos are already coming in for this year's WPMC Photo Contest, which will be judged by WPMC Identifier **Josh Doty**. Check out Josh's great mushroom photos at:

<https://fotoforaging.com/fungi/>

NOTE: You must be a member of the Western Pennsylvania Mushroom Club in good standing to enter. Club dues must be up to date.

2019 Annual WPMC Photo Contest

DEADLINE FOR SUBMISSIONS: SEPTEMBER 30, 2019

**Maximum of 5 Entries per WPMC member • Submit high resolution JPEG files up to 4 MB
Email entries to Josh Doty at wpmcphotocontest@gmail.com**

Entry Divisions

PICTORIAL: This division is for single photos that illustrate the beauty and variety of fungi in form and color. The objective is a photo suitable for display or illustration in a fine book. Judging criteria include consideration of both technical (focus, depth of field, exposure, lighting, color, absence of distracting elements) and artistic (composition, color, background, lighting) aspects.

DOCUMENTARY: For single photographs especially suited as illustrations in a field guide or monograph, or for use in a lecture. Emphasis is placed on portrayal of key morphological characteristics such that the usefulness of the image as an identification aid is maximized. Subjects may be shot in the field, laboratory or studio and the photographer has complete freedom to process, manipulate, or orient the specimen in any desired manner to achieve the goal. Close-ups of single features and photomicrographs are acceptable. Judging criteria will be the same as in the Pictorial category but they will be of secondary importance to the overall mycological utility of the photo. Accurate identification of the subject will be a consideration.

JUDGE'S OPTION: For photos which do not fit into the Pictorial or Documentary divisions. Examples include fungi in an interesting situation, fungi with animals, people enjoying fungi.

SUBJECT MATERIAL FOR PICTORIAL AND DOCUMENTARY: Organisms from the *Myxomycota* (slime molds) and the classes *Basidiomycetes* and *Ascomycetes* of the *Eumycota* ("true fungi") are eligible. For Judge's Option, nearly anything goes, so long as the theme relates to fungi, and fungi are a key element of the photograph.

USE AND COPYRIGHT: WPMC may use your photographs on the website, newsletter and Mushroom Catalog and when we do, they will always be accompanied by your name as photographer (mentioned on the same page or caption of the image). WPMC will not allow the use of your photographs on other websites, although realistically we cannot prevent this. We will not sell or provide the images to others without your permission and the images remain the property and under the copyright of you the photographer and are used under license by the Western Pennsylvania Mushroom Club.

WPMC Walks & Presentations

ALL WALKS ARE ON SATURDAYS, beginning at 10 a.m., unless noted otherwise. Please read carefully for any registration requirements or fees. We're always adding new walks to the WPMC website: <http://wpamushroomclub.org/events/> so check back often for updates, directions, and much more!



WPMC Walks

May 4 3:30 p.m. / Settlers Cabin Park

Meet WPMC members at the Tomahawk Shelter for a free mushroom walk following Mushroom Education Day at nearby Settlers Ridge.

May 7 Tuesday, 3 – 5 p.m. / Erie Bluffs State Park (Erie County)

Meet WPMC Mycologist **Garrett Taylor** and environmental educators from the Pennsylvania Department of Conservation and Natural Resources at the upper parking lot. Be prepared to hike various terrain.

May 25 McConnells Mill (Lawrence County)

Meet WPMC Identifier **Jerry Sapp** at the Kildoo parking lot. The walk will start at the covered bridge.

June 2 Sunday, 9 a.m. – 4 p.m. Phipps Conservatory BioBlitz

WPMC will host a table and lead two mushroom walks in Schenley Park during the day. Meet on the lawn outside the activity tents. The event is free to the public, and no advance registration is required. For more information: → [CLICK HERE](#)

June 8 Devil's Hollow, Sewickley

Meet WPMC Identifier **Fluff Berger** at the small gravel parking lot at the entrance to the hiking area, along Sevin Road. The 78-acre Devil's Hollow is steeply sloped and heavily wooded.

June 15 Keystone State Park (Derry Township, Westmoreland County)

Meet WPMC Mycologist **La Monte Yarroll** and Pa. Department of Conservation & Natural Resources Environmental Education Specialist **Jean Keene** at the Visitor Center on Stone Lodge Road. The Stone Lodge Trail starts with a fairly steep climb that winds through hardwoods to ridgetop conifers.

For a map: → [CLICK HERE](#)

June 22 Northmoreland Park (Westmoreland County)

Meet WPMC Identifier **Joyce Gross** at the large parking lot near Pavilion #10.

For a map: → [CLICK HERE](#)

June 29 Deer Lakes Park

Meet WPMC Identifier **Richard Jacob** at the first parking lot, just past the playground and spray park. Shortly after 10 a.m. we will drive into the park, taking a right turn and going past the Disk golf to the West Deer Lake parking lot.

June 30 Sunday, 11:00 a.m. / Bird Park, Mt. Lebanon

Meet WPMC Mycologist **Jim Tunney** at the park entrance on Bird Park Drive.

July 13 9 a.m. to noon / Sycamore Island, Allegheny Land Trust

Meet WPMC and ALT at the Verona Public Docks for the Summer survey of Sycamore Island. Because the island is only accessible by boat, the Allegheny Cleanways pontoon boat, the Rachel Carson, will provide shuttle service to and from the island from 9:00 a.m. to noon. The cost of the boat will be covered by a registration fee. Space is limited, and registration is required.

To register: → [CLICK HERE](#)

July 13 9 – 11 a.m. / Otto & Magdalene Ackermann Nature Preserve Ardara (Westmoreland County)

Meet **Jack and Valerie Baker** and the Westmoreland Bird and Nature Club for a free mushroom walk through this 59-acre preserve in North Huntingdon Township. A list of mushrooms found will be sent to the Westmoreland Land Trust.

13290-13106 Ardara Road, Ardara, PA 15615

GP Coordinates: 40.36105, -79.74410

Directions: From the intersection of PA 48 and US 30, travel east on US 30 for 1/2 mile. Turn left onto Leger Road through the countryside for 2 miles. (Ignore the closed road signs.) Look for the Ackermann Preserve sign on the left and park at the end of the grassy strip between two houses.

July 20 Audubon Greenway (Sewickley) & Allegheny Land Trust 9 a.m. – ALT Presentation / 10 a.m. – Mushroom Walk

Meet WPMC Identifier **Fluff Berger** and ALT naturalists in the parking lot at 160 Magee Road. Registration is required. Fees: \$5 for non-WPMC members; free for WPMC members (use code WPMCFree). To register: → [CLICK HERE](#)

July 20 Pine Ridge Park, Blairsville (Indiana County)

Meet WPMC's Bolete Specialist **Scott Pavelle** to hunt for Boletes at Pine Ridge Park.

August 17 Dead Man's Hollow with Allegheny Land Trust 9 a.m. – ALT Presentation / 10 a.m. – Mushroom Walk

Meet WPMC Identifier **Jared White** and ALT naturalists in the parking lot at Catfish Pond. Registration is required. Fees: \$5 for non-WPMC members; free for WPMC members (use code WPMCFree). To register: → [CLICK HERE](#)

Sept. 20 Friday, Pre-Foray Walk Cook Forest (Clarion County) 9 a.m. – 2 p.m.

Meet WPMC Mycologist **Garrett Taylor** and Park Ranger **Dale Luthringer** at Shelter #1 for a pre-foray walk through Cook Forest. Bring a lunch. Garrett will be available for further exploration in the afternoon.

Oct. 19 Murrysville Community Park (Westmoreland County)

Meet WPMC and Friends of Murrysville Parks at the parking lot by the back baseball field.

Other Walks, Forays & Events

May 11 9 a.m. to Noon / Mushroom Log Cultivation Rimersburg Rod and Gun Club, Clarion County

Meet WPMC Mycologist **John Plischke III** at the Rimersburg Rod and Gun Club, 442 Rod & Gun Club Road in Rimersburg. John will present "Grow Your Own Mushrooms" for the Woodland Owners of Clarion-Allegheny Valley. Registration is required, and tickets are \$10. Space is limited, so don't delay!

To register: → [CLICK HERE](#)

June 1 Allegany Nature Pilgrimage, Allegany State Park, Cattaraugus County, NY.

WPMC Mycologist **Garrett Taylor** will lead walks as part of the Allegany Nature Pilgrimage. Day pass: \$25.

For more information: → [CLICK HERE](#)

July 19-20 West Virginia Mushroom Club Foray, Blackwater Falls State Park; Davis, WV

For more information: → [CLICK HERE](#)

July 27 Blue Knob State Park, Mushroom Log Cultivation

Aug. 1-4 Northeast Mycological Federation (NEMF), Samuel Ristich Foray, Lock Haven University, Lock Haven, PA

For more information: → [CLICK HERE](#)

Aug. 8-11 North American Mycological Association (NAMA) Annual Foray, Paul Smiths, New York

For more information: → [CLICK HERE](#)

Aug. 17-18 Ohio Mushroom Society Foray, Penitentiary Glen

For more information: → [CLICK HERE](#)

Aug. 30 - Sept 2 Connecticut Westchester Mycological Association (COMA) Camp Hemlocks, Hebron, CT

For more information: → [CLICK HERE](#)

Sept. 13-15 Mycological Society of Toronto

Cain Foray

Sept. 12-15 Northwoods Foray, Cable, Wisconsin

For more information: → [CLICK HERE](#)

Sept. 13-15 Asheville Mushroom Club

Oconee Foray

Sept. 21 19th Annual WPMC Gary Lincoff Foray

North Park. See page 3 for more information.

Sept. 26-29 North American Mycological Association (NAMA) Wildacres Regional Foray, North Carolina

For more information: → [CLICK HERE](#)

Sept. 27-29 Mycological Association of Washington, DC (MAW) Annual Foray Camp Sequanota, Boswell, PA (Somerset County)

NEMF Foray Registration Now Open

Registration is now open for the 2019 NEMF Foray at Lock Haven University on August 1-4.

To print out a registration form: → [CLICK HERE](#)



Important Walk & Foray Information

- Try to dig up three of the same species at different stages of development.
- Don't pick old mushrooms; leave them to drop spores.
- You are responsible for not getting lost. If you have a tendency to wander off, stick like glue to the others. We won't wait for you, and we won't come to look for you.
- Don't take the identification of the person standing next to you; they might not know as much as you do. Only Club Mycologists and Identifiers should be used for advice.
- The Walk Leader will tell you when to be back at the walk starting place, where the mushrooms will be put on paper plates and the Walk Identifier or Club Mycologist will put names on only the mushrooms they know well.
- Take notes and pictures to help you remember the mushrooms. You should go home and check books yourself.
- Whether you decide to eat a mushroom is ultimately your responsibility alone.
- **Help Keep Our Parks Clean!** When mushrooming, it's easy to bring a plastic grocery bag to collect cans, bottles or other trash you find. Trash cans are generally found nearby. If not, take it home for disposal.

Walks & Forays Check List:

- Bring a buddy or two. **Do not forage alone!**
- Dress for the weather, carry a rain poncho
- Bring drinking water and lunch
- Keep mushrooms separated
- Insect repellent
- Basket for collecting
- Knife for cutting mushrooms
- Wax or paper bags (no plastic)
- Whistle
- Compass
- Hand lens
- Cell phone & camera
- Notebook & pencil
- Field guide for identification
- Band-aids
- Garden hand-clippers

NOTE: The Western Pennsylvania Mushroom Club does not endorse or support the commercial harvesting of wild mushrooms from any state, county or city park. WPMC does promote the gathering of mushrooms—where permitted—for recreational, educational and scientific purposes.

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**NEVER EAT AN UNIDENTIFIED
MUSHROOM!**



19TH ANNUAL GARY LINCOFF MUSHROOM FORAY

SEPTEMBER 21, 2019 • ROSE BARN, NORTH PARK

PLUS: FREE MUSHROOM WALK FRIDAY, SEPT. 20 • COOK FOREST

The 19th Annual Gary Lincoff Mushroom Foray (registration required) features presentations by guest mycologists **Bill Russell** (author of *Field Guide to Wild Mushrooms of Pennsylvania and the Mid-Atlantic*) and WPMC Identifier **Adam Haritan** (founder of LearnYourLand.com and author of *Fun Guide to Fungi*). We'll have a cooking demonstration, as well as a Book-Signing / Meet & Greet with our guest mycologists, auction, sales tables, vendors, mushroom display tables and more. Finally, the Foray will be capped off by our legendary Mushroom Feast.

The Foray will kick off on **Friday, September 20**, with a FREE mushroom walk in the old-growth forest of Cook Forest State Park, Clarion County. This walk will be led by WPMC Mycologist **Garrett Taylor** and **Dale Luthringer**, Environmental Education Specialist with the Pennsylvania Department of Conservation and Natural Resources.

Saturday, September 21: Foray includes light lunch & mushroom feast. (Registration required)
Rose Barn in Allegheny County North Park, Pearce Mill Road, Allison Park, PA 15101
Friday, September 20: Cook Forest State Park, Clarion County (Free)

Indicate the number of persons for each item selected. All fees per person. PLEASE PRINT CLEARLY!

_____ \$35 WPMC member _____ \$55 Non-members (includes admission & 2019-20 WPMC Membership)
 _____ \$15 Students (with ID) & children 11 to 18. Children 10 & under free.

PLEASE PRINT CLEARLY

TOTAL AMOUNT ENCLOSED: _____

Name(s) _____ Date _____

Address _____

City _____ State _____ Zip _____

Phone 1 _____ Phone 2 _____

E-mail (**PLEASE PRINT CLEARLY**) _____

REGISTER & PAY ONLINE: <http://wpamushroomclub.org/lincoff-foray/>

REGISTER & PAY BY CHECK (payable to Western PA Mushroom Club):
 WPMC C/O BARBARA DERISO • 204 WOODCOCK DR. • PITTSBURGH PA 15215

FOR MORE INFO: FLUFF BERGER, Foray Chair: 724-601-8382 / Lincoff-Foray@wpamushroomclub.org

REGISTRATION & RELEASE: SIGNED & DATED RELEASE FORM IS AN ABSOLUTE REQUIREMENT FOR ATTENDANCE.

Knowing the risks, I (we) agree to assume the risks, and agree to release, hold harmless, and to indemnify the Western Pennsylvania Mushroom Club, and any of its officers or members, from any and all legal responsibility for injuries or accidents incurred by myself or my family during, or as a result of, any mushroom identification, field trip, excursion, meeting or dining sponsored by the club.

Signature (if participant is under age 18, signature of parent or guardian) PLEASE PRINT NAME CLEARLY: (INCLUDE NAMES OF CHILDREN UNDER TEN)

1 _____ 1 _____

2 _____ 2 _____

3 _____ 3 _____

4 _____ 4 _____

FOR ADDITIONAL NAMES / SIGNATURES, PLEASE INCLUDE AN EXTRA PAGE



WPMC MEMBERSHIP FORM

Anyone who has an interest in wild mushrooms is welcome to become a WPMC member.

COMPLETE THIS FORM **PRINT CLEARLY**, SIGN AND MAIL

Members are entitled to:

The WPMC newsletter • Nine monthly WPMC meetings • Free participation in WPMC walks • Discount for WPMC forays

Name (s) _____ Date _____

Address _____

City _____ State _____ Zip _____

Phone 1 _____ Phone 2 _____

E-mail (PLEASE PRINT CLEARLY) _____

Interests (e.g.: foraging, identification, cooking, etc.) _____

**PLEASE PRINT IN PLAIN BLOCK LETTERING. TAKE SPECIAL CARE WITH EMAIL ADDRESSES:
numeral "1", uppercase "i" and lowercase "l" look the same.**

Please return completed, signed and dated form (with check payable to Western PA Mushroom Club) to:

WPMC, c/o Jim Wasik, 70 Woodland Farms Road, Pittsburgh, PA 15238 e-mail contact: membership@wpamushroomclub.org
or visit <http://wpamushroomclub.org/about/join/> to pay using a credit card.

Please indicate your newsletter/event announcement preference: Electronic via e-mail Hardcopy via US mail (\$5 additional)

\$15 Individual \$20 Family \$10 Full-time Student \$5 Newsletter Hardcopy Amount enclosed: \$ _____

Western Pennsylvania Mushroom Club Release and Indemnification Agreement

This Release and Indemnification Agreement (the "Agreement") is entered into by and between the Western Pennsylvania Mushroom Club, as it is presently organized and may be later structured ("WPMC") and the undersigned Member (the "Member") on this _____ day of _____, 20_____.

WHEREAS, WPMC is a non-profit educational organization that has as its principal purpose the sharing of mushroom-related information among its members; and

WHEREAS, all officers, directors, identifiers and members serve WPMC in a voluntary capacity and receive no remuneration for their services; and

WHEREAS, in cases where WPMC charges a fee for its forays, walks, lectures and other events (collectively "WPMC Events"), it is doing so only to cover its direct costs and does not operate in a for-profit capacity; and WHEREAS, the Member understands that there is inherent and unavoidable risk in outdoor activities relating to hunting and consuming wild mushrooms. These risks include but are not limited to the dangers of hiking in difficult terrain, the possibility of misidentifying a wild mushroom, and the possible allergic or toxic reaction that some individuals may have to otherwise edible mushrooms.

NOW THEREFORE, the Member hereby agrees to the following:

1. The Member assumes all risks associated with WPMC Events. The Member expressly acknowledges that it is the Member's sole responsibility to hike safely and to determine whether a wild mushroom may be consumed.
2. The Member releases, holds harmless, and indemnifies the WPMC, its officers, directors, identifiers, and representatives from any and all liability relating to any injury or illness incurred by the Member or the Member's family members as a result of participation in a WPMC Event.

This Agreement shall be governed by the laws of the Commonwealth of Pennsylvania. If any portion of the Agreement is declared for any reason to be invalid or unenforceable, such invalidity shall not affect any other provision of the Agreement. This Agreement shall apply to all current and future WPMC events.

MEMBERS:

SIGNATURE (IF PARTICIPANT IS UNDER AGE 21, SIGNATURE OF PARENT OR GUARDIAN). PLEASE PRINT NAME:

1 _____ 1 _____

2 _____ 2 _____

3 _____ 3 _____

4 _____ 4 _____