

Western Pennsylvania Mushroom Club Newsletter

Fungi, Fun & Friends!

VOLUME 22, ISSUE 4

SEPTEMBER / OCTOBER 2022



President's Message

STEPHEN BUCKLIN

WELCOME TO THE September & October edition of our newsletter! We've made it through a relatively hot and dry summer and are entering the time of year when cooler weather and the potential for tropi-

cal storm systems could set the stage for abundant fruitings of late summer and early fall fungi.

Despite the dry weather, we had success finding mushrooms on several walks. Thanks to club Identifiers Julie Travaglini, Richard Jacob, and Beth Dinger, we were able to host four walks in Allegheny County, as well as walks in Armstrong, Erie, and Westmoreland Counties. The walk at Linn Run State Park was especially fruitful, and the annual trek to Sycamore Island led to an encounter with Lycogala conicum, a rare slime mold that may not have been previously documented in Pennsylvania. You can find species lists and photos from our walks on the WPMC website.

September is traditionally our busiest month, as we prepare for the Lincoff Memorial Foray. This is our 22nd year organizing the Foray and is sure to be one of the biggest and liveliest events to date. Full details can be found here in this newsletter (see pages 2 & 3).

The Foray is only possible thanks to the dedication of a troop of volunteers. If you're thinking of attending and would like a free, limited edition Foray T-Shirt, consider bringing a dish for our potluck dinner or volunteering in another capacity.

Hope to see you in the forests & fields!

2022 Meeting Schedule

WPMC MEETINGS are held on the third Tuesday evening of each month from March through November at the Frick Environmental Center. Each meeting features updates on club activities, a speaker/presentation, mushroom identification table, and mushroom-related merchandise for sale. Meetings are free and open to the public.





OCTOBER 18 Photo Contest Winners & Election of Officers

WPMC Identifier Sara Klingensmith will present the winners of this year's Photo Contest. In addition, WPMC members will vote on a slate of Officers for 2023.

NOVEMBER 15

Cooking Demo & Annual WPMC Awards

Chef Sam from Round Corner Cantina will demonstrate a favorite mushroom recipe. WPMC will also announce winners of this year's President's Award and Outstanding Service award.

Did I Miss a Meeting?





By Richard Jacob

DON'T PANIC if you can't attend a meeting in person. WPMC attempts to stream all live events to the Facebook page. Sometimes there are hiccups or technical issues, but we are getting better as we do it more often. Check this website on the night of the meeting to watch live:

https://www.facebook.com/WPAMC

The streams are also being archived on our YouTube channel. This is a one-stop shop for all of our streamed presentations, and it contains a lot of educational material:

https://www.youtube.com/c/WesternPennsylvaniaMushroomClub



President Stephen Bucklin



Vice President Cara Coulter



Secretary Julie Travaglini



Treasurer Jared Delaney



NAMA Trustee **Garrett Taylor**

Slate of Officers for 2023

WPMC is pleased to announce that all of the current Board members have agreed to serve another term. WPMC members will have the opportunity to vote on this slate at the October meeting. Nominations will also be taken from the floor.



GARY-LINCOFF-FORAY

THE 22ND ANNUAL Gary Lincoff Foray will take place on Saturday, September 24, at The Lodge in Allegheny County's North Park. Guest speakers will be **Arleen** and **Alan Bessette** and **Stephen Russell**. Here's the schedule of activities:

7:30-8:15 a.m. Registration & Sign-Up for Morning Walks8:15-9:00 a.m. Overview of Program & Introductions9:00 a.m. - Noon Guided Morning Mushroom Walks

12:00-1:00 p.m. LUNCH. Sales & Cultivation Activity Tables

Open.

1:00-2:00 p.m. Arleen Bessette "Polypore Identification –

Where to Begin?"

2:15-3:15 p.m. Stephen Russell "The Next Generation of DNA

Research"

3:15-6:00 p.m. Live Band, Yard Games, Mushroom Display,

Book Signing, Vendors

3:30-4:00 p.m. Cooking Demonstration

4:00 p.m. Auction Results 4:30-5:30 p.m. Mushroom Feast

5:30-6:00 p.m. Table Walk with Alan Bessette

Register online at https://wpamushroomclub.org/lincoff-foray/ or use the form on page 11.

Additional Walks at Cook Forest

ON THURSDAY EVENING, SEPTEMBER 22, WPMC will hold a members-only fluorescent walk at Cook Forest in Clarion County. Meet WPMC President **Stephen Bucklin** at the Old Logging Road trailhead on Forest Drive at 7:30 p.m. Bring UV flashlights. There is no charge for this walk, but you will be responsible for your own transportation and housing.

ON FRIDAY, SEPTEMBER 23, there will be a Pre-Foray Walk at Cook Forest State Park, with Park Ranger **Dale Luthringer**. There is no charge for this walk, but you will be responsible for your own transportation and lunch.

Guest Mycologists Offer a Wide Range of Topics

STEPHEN RUSSELL is the author of *The Essential Guide to Cultivating Mushrooms* and founder of the Hoosier Mushroom Society. Stephen's topic will be "The Next Generation of DNA Research."



DNA research has given mushroom enthusiasts the means to uncover and document local biodiversity in unprecedented ways. The Hoosier Mushroom Society recently surpassed 10,000 DNA sequenced collections of macrofungi, as a part of their local biodiversity efforts. To date, most of these specimens were sequenced with a methodology that was developed in the late 1970s—Sanger Sequencing—which can be thought of as a "first-generation" technology. In 2014, a "third-generation" sequencing technology

—nanopore sequencing—was commercialized and made available to the public. Only in recent years has the technology developed enough to be potentially useful for DNA barcoding of fungal specimens. Stephen will discuss some of the advantages and disadvantages of using this technology, as well as its potential for local fungal biodiversity efforts.





Alan Bessette

Arleen Bessette

Guest mycologists for this year's 22nd Annual Gary Lincoff Foray on September 24 will also include **ALAN** and **ARLEEN BESSETTE**.

Alan Bessette is a distinguished emeritus professor of biology at Utica College of Syracuse University. A professional mycologist, he has authored or coauthored more than twenty-five books. At the Lincoff Foray, Alan will help us with mushroom identification and will do a table talk at the end of the day. Arleen has authored or coauthored eighteen books. She will be giving a presentation on Polypores. Both Alan and Arleen will be available to sign their books at a "Meet & Greet" session in the afternoon.

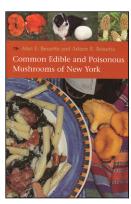
Polypore Identification - Where to Begin

Guest Mycologist **Arleen Bessette** will present a basic step-bystep approach to polypore identification for those starting out. The presentation will include field observations, morphological variations, and at-home examination, as well as issues and factors that complicate the identification process. Arleen will conclude with a brief showcase of some common and lesser known polypores of Eastern and Central North America.

Older Books by the Bessettes

Common Edible and Poisonous Mushrooms of New York

Mycologists Alan and Arleen Bessette offer a field guide for the identification of common edible and poisonous mushrooms of New York State. Written for readers interested in the safe collection and consumption of a variety of mushrooms, this book includes identification keys for each species and detailed descriptions of poisonous species. In addition, the book is filled with vivid color photographs. Celebrating the culinary adventure of mushroom gathering, the authors include attractive recipes accompanied by photographs of



the recipes' preparation. With concise, accurate, and easy-to-follow descriptions, the book provides a safe and reliable introduction to mushroom gathering.



Mushrooms of Cape Cod and the National Seashore

Although known for its sandy beaches and pounding surf, historic Cape Cod is also home to a unique community of mushrooms that can be found on its heaths, pine and oak barrens, and on the borders of its bogs, kettle ponds, and cedar swamps. Here is the definitive guide to the highly varied mycoflora of Cape Cod and the National Seashore. It contains accurate and up-to-date descriptions and over 150 color illustrations that help the reader identify over 250 indigenous mushroom species. The scope of this work goes well beyond the identification of mushrooms. The authors



provide information that increases the reader's awareness of the fragile nature of Cape Cod's various ecosystems and the critical role that mushrooms play in helping to preserve them.

EDITOR'S NOTE: WPMC will have copies of Stephen Russell's book, The Essential Guide to Cultivating Mushrooms, available for sale at the Lincoff Foray on September 24. We encourage WPMC members to purchase books by the Bessettes and bring them to the Lincoff Foray on September 24 to be autographed by the authors. If you buy books on Amazon, be sure to use AmazonSmile, which will benefit WPMC. See page 10 for details.

Cooks and Volunteers Needed

By Mike Henry



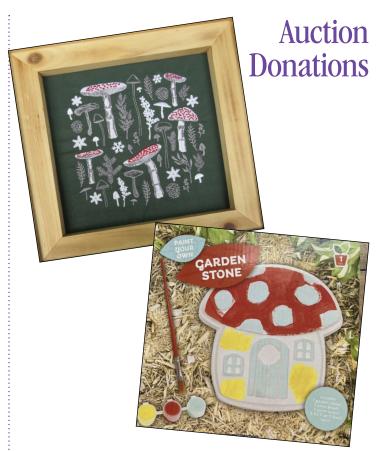
Spicy Chicken of the Woods for Tacos. Photo by Mike Henry

FELLOW MUSHROOM LOVERS, if you are planning to attend this year's Lincoff Foray on September 24th, and you love to cook your favorite food (mushrooms!), now is a good time to think about bringing your signature mushroom dish to the foray. Summertime is the perfect time to think about what to bring, while so many delicious mushrooms are still widely available.

You don't need to cook for 100 people-just 10 to 15. If you plan on bringing a dish containing wild-foraged mushrooms, you will need to first get them identified and approved by a club Identifier or Mycologist. It is also OK to use mushrooms that you buy at the store. In fact, your dish doesn't need to contain mushrooms at all! Some club members are allergic or sensitive to mushrooms and will need an alternative meal choice.

We will also need volunteers to assist with setup, teardown, and other tasks. Please contact Mike Henry if you are interested in bringing a dish, or volunteering for other kitchen duties at Foray-Food@wpamushroomclub.org.

Please let me know as soon as possible. We need to finalize our menu and we need your help!



DONATIONS CONTINUE TO come in for the Auction/Raffle at this year's 22nd Annual Gary Lincoff Foray on Saturday, September 24. We now have both indoor and outdoor mushroom décor, as well as an assortment of baskets! Has someone given you a mushroom T-shirt that you'll never wear, or a field guide that you already have? Then donate it to the auction!

If you would like to donate a mushroom-related item to this year's auction, or if you would like to help out with the auction at the Foray, email Past President Cecily Franklin at cs4wpmc@gmail.com.

Bring Some Bucks to the Foray

ONCE AGAIN this year, raffle tickets will be "two chances for a dollar," so bring some extra cash to increase your chances of winning a prize. You'll also want to visit the WPMC Sales Table for books and club merchandise, as well as these outside vendors:

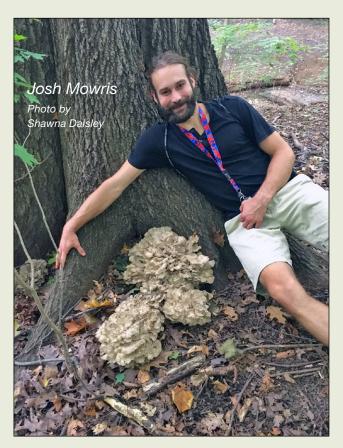
- Pennsylvania Mushroom Company, with WPMC member Espo Wilcox (see page 5.)
- Missy Mae Tutus, vintage inspired handmade items with a modern twist.
- Wobble Mud Studios, a wide variety of ceramics, including mushroom garden stakes.
- Cedar Bridge Botanicals, purveyor of interior décor, seeds, and plants.
- Ritual Soaps, artisan self care.

In addition, Wild Ones of Western Pennsylvania will be giving out native plant seeds, and Amy Wrobleski from Penn State University will be inviting WPMC members to complete her survey on Mushroom Hunting in Pennsylvania (see May/June newsletter for more information).



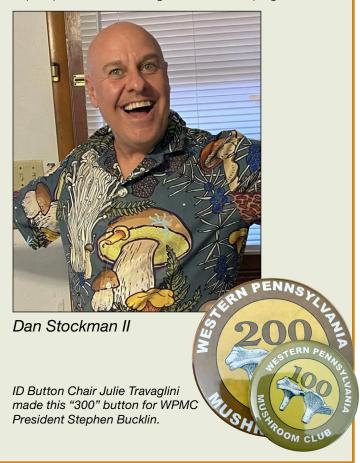
WPMC Names New Identifier and Awards ID Buttons

WPMC IS PLEASED to announce that our newest Identifier is **Josh Mowris**. Josh submitted his list of at least 150 known mushrooms to ID Button Program Chair **Julie Travaglini** for approval. Then the Board of Directors unanimously voted to make Josh a club Identifier.



WPMC also Awarded a "50" ID Button to **Dan Stockman** and a "300" ID Button to WPMC President **Stephen Bucklin**. Congratulations to all! To learn more about the ID Button program and how to submit your list of known mushrooms, go to:

http://wpamushroomclub.org/about/button-id-program/



COVID Guidelines in Effect

By Cecily Franklin

AS INDICATED ON the Lincoff Foray registration form, "WPMC will follow the CDC's COVID guidelines in effect on September 23-24." These guidelines have changed during the summer, along with the community level of COVID in Allegheny County. On August 11, the CDC revised its Covid guidelines, and on August 18, Allegheny County was raised to "High" risk. The new CDC guidelines may help you to determine whether to skip this year's Foray or whether to wear a mask.

Should I stay home?

- The CDC no longer recommends that people quarantine after being exposed to the virus, as long as they don't have symptoms, they get tested after five days, and they wear a high-quality mask around others for ten days.
- People who test positive should isolate from others for at least five days, wear a high-quality mask through day 10, and avoid being around people who are more likely to get very sick until at least day 11.

Should I wear a mask?

- The CDC advises that everyone wear a mask in indoor public spaces in areas designated as having "High" community level.
- The CDC also recommends that people wear masks on public transportation, around high-risk contacts, or if they have been exposed to the virus.
- People at high risk for serious illness should wear a high-quality mask in areas of "Medium" and "High" community levels.

These guidelines don't differentiate how people should act based on their vaccination status. The CDC still recommends that everyone stay up to date on their COVID-19 vaccinations.

Of course, only you fully understand your own health and risk tolerance, so take the precautions that apply to your personal situation. If any WPMC member registers for the Lincoff Foray but becomes unable to attend due to COVID, a refund will be issued on request.

The entire CDC Press Release can be read here:

https://www.cdc.gov/media/releases/2022/p0811-covid-guid-ance.html



WPMC Member Shares First Prize in "Big Idea" Contest

IN JUNE, WPMC member Esperanzo (Espo) Wilcox received a \$25,000 award in the Ben Franklin Technology Partners Big Idea Contest. The winnings will help the PA Mushroom Company acquire commercial space to house its current operations and expand the cultivation lab.

"It was rigorous," says Espo about the competition. "The experience overall was quite challenging, but it was also rewarding. It changed my life, and it changed the direction of our company for the better." The PA Mushroom Company aims to sell to wholesale retail distributors, as well as direct to consumers, restaurants, grocery stores, and farmer's markets. The company also hopes to create more value-added products such as mushroom jerky, mushroombased supplements and tinctures, dried mushrooms, and even vegan prepared foods such as mushroom patties. Another interesting aspect of the business is education and agritourism: Espo teaches mushroom cultivation classes and takes the fungi-curious on nature hikes.

This prize is in addition to the \$10,000 Jumpstart Grant from AgChoice Farm Credit which Espo received last October (see March/April newsletter).



WPMC Scholarships & Grants

WPMC ADMINISTERS AN annual Scholarship/Grant program to promote wild mushrooming by providing monetary support for educational events, projects, research, or mycological studies by individuals or institutions. Application forms are available on our website and must be sponsored by a WPMC member. For more information or to register: CLICK HERE

Out & About with WPMC



ON JULY 18, WPMC Identifier Josh Mowris gave a presentation on "Common Mushrooms of the Northeast" at the Meadville Public Library.



ON JULY 31, WPMC Mycologist John Plischke gave a workshop on "Chemical Testing on Mushrooms" at the West Virginia Mushroom Club's annual foray.



ON AUGUST 18, WPMC Identifier Fluff Berger gave a presentation on "Pennsylvania Fungi" at the Juniper Senior Living Community in Forest



ON AUGUST 23. Past President Cecily Franklin and Honorary Member Barbara De-Riso joined Penn State Extension and Phipps Conservatory for a Summer Short Course called Eat Your Backyard—Foraging and Cultivating Unusual Edibles. Cecily gave a presentation on Foraging for Mushrooms. Both Barb and Cecily managed a WPMC table and sold mushroom books.



ON AUGUST 24, WPMC Identifier Fluff Berger presented a Summer Mushroom Foraging class at the Public Lands store in Cranberry Township. Then on August 27, Fluff led a summer foraging walk at Knob Hill Park in Wexford.

3 Things to Do Online

Download the Bolete Filter

https://boletefilter.github.io/



Bolete Filter 4+ Jack Kenney ew in Mac App Store 7













31 products

https://western-pamushroom-club. myspreadshop.com/

Print Your Own Field Data Slips

https://fundis.org/sequence/ collect-drv/field-data-slips





BOOK REVIEW:

"The Lives of Fungi" by Britt Bunyard

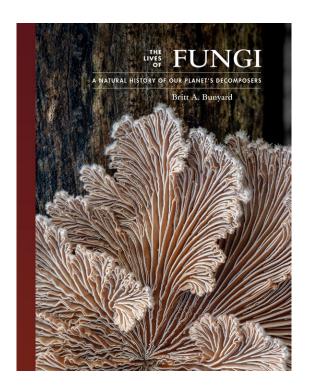
Submitted by Cecily Franklin

BRITT BUNYARD, Publisher of *FUNGI Magazine*, has written a new book, *The Lives of Fungi: A Natural History of our Planet's Decomposers*. This is not a field guide and, with chapter headings like 'Mutualistic Symbionts,' it's clearly not for beginners. (Did the expression 'Mutualistic Symbionts' make your eyes light up or glaze over? The answer will determine whether or not you should add this book to your Amazon Wish List.)

The Lives of Fungi covers advanced topics of mycology, but they are made more accessible with spectacular photos, helpful illustrations, and a glossary. The chapter on 'Reproduction' describes many methods of spore dispersal, including wind, animals (zoochory), mimicry, odor, and explosive spore release. The chapter on 'Chemistry & Physiology' covers bioluminescence, toxicity, and zombie fungi.

The book includes a fairly extensive discussion of lichens, including photos and drawings. A few of the other topics include medicinal, poisonous, and magic mushrooms. If you're not afraid of scientific terminology and want a deeper understanding of what fungi are, what they do, and how they do it, then this book will provide the answers.

EDITOR'S NOTE: Britt Bunyard has donated a copy of "The Lives of Fungi" to this year's Lincoff Foray auction/raffle.



Mushroom Broth: Good to the Last Drop!

By Mike Henry

FOR EVERYONE FROM the experienced mushroomer to the novice who is ready to "take their game to the next level," here is an excellent broth recipe that can be used in almost anything. I have made various broths with different shelf mushrooms, from Black-staining Polypore (pictured) to Berkeley's Polypore, to Resinous Polypore, and the list goes on—all of them more delicious than the last.

The broth that is produced by this recipe is very versatile. I use it for almost any soup, including Chicken Noodle (hint: use the broth to rehydrate the egg noodles, and they will pick up the flavor of the broth!), and I also use it in stir-fries to make a thick, rich sauce. It can also be frozen and used months later.

As with all of the recipes that I share, this is now your recipe. I hereby give you permission to modify it any way that you like, so be creative and make it yours! Only you know the tastes of your audience, so if you want to use Chanterelles instead of Resinous Polypore or Black-staining Polypore, go for it. I love to hear from people who have gone a totally different direction with one of my recipes and have made something amazing, so please let me know what you make!



INGREDIENTS:

About 3 pounds of mushrooms—I recommend Black-staining Polypore, Berkeley's Polypore or Resinous Polypore, but you can use a plethora of other mushrooms in this!

2 carrots (unpeeled)

2 celery ribs with leaves

2 medium onions (sliced in quarters, but unpeeled)

2 heads of garlic (separate from the head, but unpeeled)

2 Bay leaves

1 Tablespoon peppercorns

Water

- Fill up the Instant Pot about 2/3 of the way with the mushroom of your choice.
- Add the rest of the ingredients and fill to the top measuring line with water.
- Close the lid and manually set it to cook for one hour on high pressure.
- Allow about 60 additional minutes for natural pressure release and for the flavors to set.
- Strain and enjoy!

TIP: If you are using a tough mushroom that you don't plan to reuse in another recipe, you can squeeze the mushroom pieces in a potato ricer after they finish cooking to get more broth out of them. I like to get every last drop out of the mushrooms that I can, since it took a lot of effort to get to this point! You can also use the veggies in something else or just eat them (like I do).

ONE LAST DISCLAIMER: Always be sure that you have properly identified any mushroom that you plan to cook with!



Day and time for walks vary. Please read carefully for any registration requirements or fees. Check the website at www.wpamushroomclub.org/events for updates, directions, and much more!

If you would like to lead a walk, or if you know a great walk location, please email WPMC Mycologist CARA COULTER at vice-president@wpamushroomclub.org.



WPMC Walks

Friday, September 16, 10:00 a.m. to noon Audubon Greenway (Sewickley) with Allegheny Land Trust

Join ALT Senior Director and WPMC Identifier Julie Travaglini for a mushroom hike and ID table at Audubon Greenway. Hike runs rain or shine. We will not be foraging for food on this hike. Registration is required; no walk-ins will be permitted. Fee: \$5 for ages 3 through adult; free for children under 2. To reserve your place, register here:

https://alleghenylandtrust.org/event/ mushroom-id-hike-with-wpmc/

Saturday, September 17, 10:30 a.m. **Wolf Creek Narrows Natural Area**

195 Miller Road, Slippery Rock, PA 16057 (Butler County)

Meet WPMC Identifier Josh Mowris in the parking lot at Wolf Creek Narrows. Free and open to the public; no registration required.

Thursday, September 22 at 7:30 p.m. **Members-Only Fluorescent Walk at Cook Forest, Clarion** County

Meet WPMC President Stephen Bucklin at the Old Logging Road trailhead on Forest Drive. Bring UV flashlights. There is no charge for this walk, but you will be responsible for your own transportation and housing.

Friday, September 23 at 10:00 a.m. **Pre-Foray Walk at Cook Forest, Clarion County**

Meet WPMC experts and Park Ranger Dale Luthringer at Shelter 2. There is no charge for this walk, but you will be responsible for your own transportation and lunch.

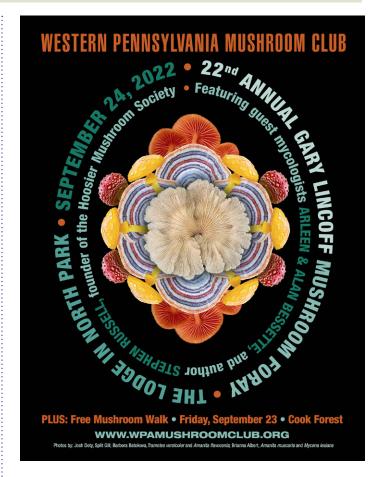
Sunday, October 2, 11:00 a.m. to 5:00 p.m. **RP Day at Riverview Park**

159 Riverview Avenue, Pittsburgh PA 15214

Join WPMC and the Pittsburgh Parks Conservancy for RP Day, a celebration of beautiful Riverview Park, as well as a fundraising opportunity for future beautification and improvements. We invite the public to enjoy a day of free activities including bike tours, adventure hikes, family-friendly games/activities, live music, food, and more! WPMC has been invited to lead an afternoon mushroom walk and host a table at this event.

Saturday, October 15 at 10:00 a.m. Townsend Park, Murrysville (Westmoreland County)

Meet WPMC Identifier Richard Jacob and Friends of Murrysville Parks at the upper pavilion.



Friday, October 28, 10:00 a.m. to 12:30 p.m. **Dead Man's Hollow (McKeesport) with Allegheny Land Trust**

Meet at the Boston Ballfield. NOTE: It's about a .35 mile walk along the Great Allegheny Passage to enter to the ruins of the Hollow to look for fungi. Join ALT Senior Director and WPMC Identifier Julie Travaglini for a mushroom hike and ID table. This slightly spooky hike will include the haunted history of Dead Man's Hollow. Hike runs rain or shine. We will not be foraging for food on this hike. Registration is required; no walk-ins will be permitted. Fee: \$5 for ages 3 through adult; free for children under 2. To reserve your place, register here:

https://alleghenylandtrust.org/ event/a-slightly-spooky-mushroom-id-hike/

Friday, November 25 at 10:00 a.m. **Black Friday Walk at Hartwood Acres**

Meet WPMC Identifier Richard Jacob at the Mansion parking lot for our annual Black Friday mushroom walk.

continued on page 8

NEVER EAT AN UNIDENTIFIED MUSHROOM!



Other Walks, Forays & Events

September 2-4 COMA Clark Rogerson Foray

Hebron, CT

https://www.comafungi.org/special-events/clark-rogerson-foray/

September 2, 3:00 p.m.

Mycological Association of Washington, DC

Weekend Foray at Seguanota, Boswell, PA

https://mawdc.org/

September 15-18

WMS/NAMA 2022 Northwoods Regional Foray

Cable, Wisconsin

https://mms.namyco.org/members/evr/reg_event.php?orgcode=NAMA&evid=30115869

September 16 - 19 NEMF Foray

Joliette, Quebec

https://www.mycomontreal.qc.ca/fr/

September 24

22nd Annual WPMC Gary Lincoff Foray

The Lodge at North Park

See page 2 for more information.

https://wpamushroomclub.org/lincoff-foray/

September 29-October 2

North American Mycological Association (NAMA) Annual Foray

Trout Lodge, Potosi, Missouri

https://mms.namyco.org/members/evr/reg_event.php?orgcode=NAMA&evid=30115869

October 15-16

Ohio Mushroom Society Fall Foray

Stark County

https://ohiomushroomsociety.wordpress.com/events/

Photo Contest Deadline: September 30!

ONCE AGAIN, WPMC Identifier **Sara Klingensmith** will judge members' photos for our annual Photo Contest. In addition to the traditional categories (Documentary, Pictorial and Judge's Option), Sara has added a new category called "Mushrooms in Art" to showcase the artistic talents of WPMC members. The new division is for single photos featuring original artwork that depicts fungi. Art entries must be family-friendly and fit one of three criteria:

- 1. 2-D drawings and paintings: charcoal/pencil, watercolor, acrylic, oil, pastel, ink, etc.
- 2. 2-D mosaics or mushroom-themed arrangements. The view should be captured in one photo.
- Non-Animated Digital Art: photo manipulation, digital illustrations, and collages.

Judging will be based on the clarity of the image, as well as the creativity reflected in the artwork.

Here are the Photo Contest rules for this year:

- Deadline for Submissions: September 30, 2022
- Maximum of 5 Entries per WPMC member
- Submit high resolution JPEG files
- Rename images before submitting, using name and subject, e.g., "Joe Smith morel.jpg"
- Email entries to Sara Klingensmith at pamushroomclubphotos@gmail.com.
- Indicate in your email the desired category for each photo.



Important Walk & Foray Information

- Try to dig up three of the same species at different stages of development.
- Don't pick old mushrooms; leave them to drop spores.
- You are responsible for not getting lost. If you have a tendency to wander off, stick like glue to the others. We won't wait for you, and we won't come to look for you.
- Don't take the identification of the person standing next to you; they might not know as much as you do. Only Club Mycologists and Identifiers should be used for advice.
- The Walk Leader will tell you when to be back at the walk starting place, where the mushrooms will be put on paper plates and the Walk Identifier or Club Mycologist will put names on only the mushrooms they know well.
- Take notes and pictures to help you remember the mushrooms.
 You should go home and check books yourself.
- Whether you decide to eat a mushroom is ultimately your responsibility alone.
- Help Keep Our Parks Clean! When mushrooming, it's easy
 to bring a plastic grocery bag to collect cans, bottles or other
 trash you find. Trash cans are generally found nearby. If not,
 take it home for disposal.



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Scott Pavelle 412-325-2535

Walks & Forays Check List:
Bring a buddy or two. Do not forage alone!
Dress for the weather, carry a rain poncho
Bring drinking water and lunch
Insect repellent
Basket for collecting
Knife for cutting mushrooms
Wax or paper bags (no plastic) to keep
mushrooms separated
Whistle
Compass
Hand lens
Cell phone & camera
Notebook & pencil
Field guide for identification
Band-aids
Garden hand-clippers

NOTE: The Western Pennsylvania Mushroom Club does not endorse or support the commercial harvesting of wild mushrooms from any state, county or city park. WPMC does promote the gathering of mushrooms – where permitted – for recreational, educational and scientific purposes.



Choose WPMC on AmazonSmile

WPMC HAS REGISTERED with AmazonSmile, so that Amazon purchases can benefit WPMC. Whenever you shop at Amazon, just designate the Western Pennsylvania Mushroom Club as your charity, and Amazon will donate 0.5% of the price of eligible purchases to WPMC. "Same products, same prices, same service." It's easy to get started with this link: CLICK HERE



Extra Donations Help Fund **WPMC Projects**

LOOKING FOR A WAY to support WPMC beyond paying your annual dues? Make a donation anytime; it's tax-deductible (if you itemize deductions) because WPMC is a 501(c)(3) non-profit organization. Donations may be made in honor or in memory of a loved one. Your employer may even match your contribution. Make checks payable to Western Pa. Mushroom Club and submit them to our Treasurer, Jared Delaney.

WPMC Membership Report

by Kris Murawski

AS OF August 12, WPMC has 878 members from 486 households. Thank you to everyone for renewing your membership or becoming a new member in 2022, as these dues are vital to keep the club running. They contribute to over 40% of WPMC's income every year.

If you need to renew your membership or would like to become a member, please go to https://wpamushroomclub.org/about/join/ and fill out the form.

Benefits of WPMC membership include Bi-Monthly WPMC Newsletter • Monthly Meeting Notices • Updates on Mushroom Walks & WPMC Events • Free 'Grow-Your-Own' Mushroom Kit • Mushroom Identification at Meetings • Mushroom Walks • Mushroom Education Day • Annual Photo Contest • WPMC Gary Lincoff Foray Discount • Access to WPMC Facebook Group

WPMC Newsletter

THE NEWSLETTER OF THE Western Pennsylvania Mushroom Club is published five times a year: March/April, May/June, July/ August, September/October, and November/December. Articles, photos, news items and other submissions should be sent to the Editor at least 6-8 weeks prior to targeted distribution. The Editor cannot guarantee that submissions will be included in the next newsletter. The Editor reserves the right to make spelling or grammatical corrections and may suggest content changes to the author. Material published in our newsletters may only be used in other non-profit publications with expressed permission and with appropriate acknowledgements.

> Cecily Franklin, Editor Martha Wasik Graphic Arts Inc., Production Send submissions to: cs4wpmc@gmail.com

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NEVER EAT AN UNIDENTIFIED MUSHROOM!





22nd ANNUAL GARY LINCOFF MUSHROOM FORAY SEPTEMBER 24, 2022 – THE LODGE, NORTH PARK

PLUS: Free Mushroom Walk Friday September 23 • Cook Forest

THE 22ND ANNUAL GARY LINCOFF FORAY: Featuring guest mycologists **ARLEEN** and **ALAN BESSETTE**, authors of more than 20 mushroom books; and **STEPHEN RUSSELL**, founder of the Hoosier Mushroom Society and author of *The Essential Guide to Cultivating Mushrooms*. With guided morning mushroom walks, cooking demonstration, book signing/meet & greet with our guest mycologists, auction, sales, mushroom displays, live music, and a cultivation activity table!

The Foray will kick off on FRIDAY, SEPTEMBER 23, with a FREE mushroom walk in the old-growth forest of Cook Forest State Park, Clarion County. This walk will be led by WPMC experts and DALE LUTHRINGER, Environmental Education Specialist with the Pennsylvania Department of Conservation and Natural Resources.

SATURDAY SEPTEMBER 24 (ALL DAY): Foray includes light lunch & mushroom feast. Registration required.

The Lodge at North Park • North Ridge Drive • Allison Park, PA 15101

FRIDAY, SEPTEMBER 23 (10:00 A.M.): Meet at Shelter 2, Cook Forest State Park, Clarion County. FREE (transportation and lunch not included).

NOTE: WPMC will follow the CDC's COVID guidelines in effect on September 23-24.

Indicate the number of persons for each item selected. All fees per person. PLEASE PRINT CLEARLY.

\$50 WPMC member	\$70 Non-members (includes 2022-23 Membership)		30 Students (with ID) & kids 11 to 18 non-members) kids 10 & under free.	
PLEASE PRINT CLEARLY		TOTAL AMOUNT ENCLOSED:		
Name(s)			Date	
Address				
City			Zip	
Phone 1	Phone 2			
E-mail (PLEASE PRINT CLEARLY)				

REGISTER & PAY ONLINE: www.wpamushroomclub.org/lincoff-foray/

REGISTER & PAY BY CHECK (payable to Western PA Mushroom Club): WPMC c/o Kris Murawski • 5625 Villa Haven Drive • Pittsburgh, PA 15236 FOR MORE INFO: Lincoff-Foray@wpamushroomclub.org

REGISTRATION & RELEASE: SIGNED & DATED RELEASE FORM IS AN ABSOLUTE REQUIREMENT FOR ATTENDANCE.

Knowing the risks, I (we) agree to assume the risks, and agree to release, hold harmless, and to indemnify the Western Pennsylvania Mushroom Club, and any of its officers or members, from any and all legal responsibility for injuries or accidents incurred by myself or my family during, or as a result of, any mushroom identification, field trip, excursion, meeting or dining sponsored by the club.

Signature (if participant is under age 18, signature of parent or guardian)	PLEASE PRINT NAME CLEARLY: (INCLUDE NAMES OF CHILDREN UNDER TEN)
1	1
2	2
3	3
Δ	Δ

FOR ADDITIONAL NAMES / SIGNATURES, PLEASE INCLUDE AN EXTRA PAGE





WPMC MEMBERSHIP FORM

Anyone who has an interest in wild mushrooms is welcome to become a WPMC member.

COMPLETE THIS FORM **PRINT CLEARLY**, SIGN AND MAIL

Benefits: WPMC newsletter ● Nine monthly WPMC meetings ● Free participation in WPMC walks ● Discount for WPMC forays NEW MEMBERSHIP: ☐ RENEWAL: ☐

Name (s)				Date
				Zip
E-mail (PLEASE PF	RINT CLEARLY)			
Interests (e.g.: foragin	ng, identification, cookin	ng, etc.)		
Р		PLAIN BLOCK LETTERING. umeral "1," uppercase "i" ar		
Please	return complete	ed, signed and dated form (w	vith check payable to Wester	rn PA Mushroom Club) to:
WPI	MC, c/o Kris Murav	vski, 5625 Villa Haven Dr., Pittsb	ourgh, PA 15236 • membership	@wpamushroomclub.org
	To pay	using a credit card, visit: http:/	//wpamushroomclub.org/ab	out/join/
Please indicate	your newsletter/ev	ent announcement preference:	☐ Electronic via e-mail ☐ F	Hardcopy via US mail (\$10 additional)
☐ \$15 Individual	☐ \$20 Family	☐ \$10 Full-time Student	□ \$10 Newsletter Hardcopy	Amount enclosed: \$
West	tern Pennsylv	ania Mushroom Club	Release and Indemni	ification Agreement
				ennsylvania Mushroom Club, as it is presently _ day of, 20,
				ed information among its members; and
WHEREAS, all officers,	directors, identifiers ar	nd members serve WPMC in a voluntar	y capacity and receive no remuneratio	n for their services; and
and does not operate if and consuming wild mu	n a for-profit capacity; ushrooms. These risks i	and WHEREAS, the Member understa	ands that there is inherent and unavoi ers of hiking in difficult terrain, the pos	ents"), it is doing so only to cover its direct costs idable risk in outdoor activities relating to hunting sibility of misidentifying a wild mushroom, and the
NOW THEREFORE, the	Member hereby agrees	s to the following:		
	umes all risks associat er a wild mushroom ma		expressly acknowledges that it is the I	Member's sole responsibility to hike safely and to
		and indemnifies the WPMC, its officers Member's family members as a result	•	tives from any and all liability relating to any injury
•	,	of the Commonwealth of Pennsylvania. on of the Agreement. This Agreement :	, ,	lared for any reason to be invalid or unenforceable, PMC events.
			MBERS:	
SIGNATURE	(IF PARTICIPAN	Γ IS UNDER AGE 21, SIGNA	TURE OF PARENT OR GUA	RDIAN). PLEASE PRINT NAME:
1			_1	
2			_2	
3			_3	
1			1	